



Government
of South Australia

Department for Education

PARAFIELD GARDENS PRIMARY SCHOOL

United Nations Global Peace School

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2024 TERM 2 CANTEEN PRICE LIST



Under the **Right Bite** strategy, food and drinks are classified into three categories according to their nutritional 'healthy eating' value:

GREEN Choose Plenty = the best choices for schools and preschools

AMBER Select Carefully = food and drinks that should be selected carefully

RED Occasionally = foods and drinks high in fat, sugar and/or salt, banned from sale in school canteens

All foods on our menu are in the Green or Amber categories

SANDWICHES, ROLLS AND WRAPS

Fillings	Sandwiches	Rolls or wraps
Vegemite	\$2.60	\$3.10
Ham	\$3.10	\$3.60
Cheese	\$3.00	\$3.50
Cheese & Salad	\$5.00	\$5.50
Egg	\$3.10	\$3.60
Curried Egg	\$3.20	\$3.70
Chicken	\$3.50	\$4.00
Chicken & Salad	\$5.20	\$5.70
Tuna	\$3.10	\$3.60
Salad (tomato, lettuce, cucumber, carrot, gherkins, pickled onion)	\$4.50	\$5.00

EXTRAS

50 cents each:

Gherkin, Onion, Lettuce, Tomato, Cheese, Beetroot, Grated Carrot, Cucumber

30 cents each:

Tomato Sauce, Mayonnaise, Mustard



SALAD BAG: \$6.00

Lettuce, Tomato, Cucumber, Egg, Carrot, Gherkin, Pickled Onion & 1 slice of Bread

ENERGY PLATE: \$9.50

Salad, Cheese, Meat of choice, 1 slice of Bread and a piece of fruit

Lunch bags are available for home at a cost of 2c each

TOASTIES:

	Whole	Half
Ham & Cheese	\$4.00	\$2.40
Ham, Cheese & Tomato	\$4.50	\$2.70
Baked Beans	\$3.40	\$2.20
Cheese	\$3.50	\$2.30
Ham	\$3.50	\$2.30



HOT ROLLS

Hot Ham & Cheese Roll	\$4.50
Hot Chicken & Mayo Roll	\$4.80
Sweet Chilli Sub	\$5.90
Sweet Chilli Wrap	\$6.00
Sweet Chilli Slider	\$3.80
Pizza Sub (Recess Only)	\$1.40

BURGERS

Vegie Burger Plain (burger & bun only)	\$4.50
Vegie Burger with lettuce & tomato	\$5.50
Beef Burger Plain (beef & bun only)	\$4.50
Cheese Burger (beef, cheese & sauce)	\$5.30
Burger with the Lot (beef, cheese, lettuce, tomato & sauce)	\$6.30
Chicken Burger Plain (chicken & bun)	\$4.50
Chicken Burger with the Lot (chicken, lettuce, cheese, tomato & mayo)	\$6.30

BURGER EXTRAS:

50 cents each

Lettuce, Tomato, Cheese, Carrot, Beetroot & Gherkin

30 cents each

Sauce and Mayonnaise



Hot Dog (97% fat free)	\$3.50
With sauce	\$3.80
With cheese & sauce	\$4.30
½ Hot Dog	\$2.20
With sauce	\$2.50
With cheese & sauce	\$3.00



HOT MEALS

Pasta Bolognese	\$5.20
Spaghetti Bolognese	\$5.20
Chicken Curry & Rice	\$5.20
Curried Rice (vegetarian)	\$5.20
Fried Rice (vegetarian)	\$5.20
Vegetarian Pasta	\$5.20
Vegetarian Spaghetti	\$5.20
Butter Chicken	\$5.70
Macaroni Cheese Pasta	\$5.70
Beef Lasagne	\$5.70
Chicko	\$3.00
Sweet Chilli Tenders	\$2.20
Small Pasty	\$4.20
Small Pie	\$4.20
Sausage Roll	\$4.20
Chicken/Beef Noodles	\$3.40
Chicken Crackles (each)	\$1.00
Mac n Cheese Balls (each)	\$1.00



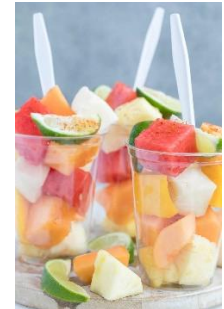
Canteen made soup (Terms 2 & 3)

With 1 slice of bread	\$4.50
With a bread roll	\$5.00



SNACKS

Piece of Fruit	\$1.50
Fruit Cup	\$1.60
Yoghurt 175g	\$2.70
Box of Sultanas	\$1.30
Large Muffin	\$1.50
Mini Muffin	70c
Chips – Honey Soy / Chicken	\$1.90
Air Popped Popcorn	\$1.20
JJ's – Chicken or Pizza	\$1.90
Pizza Shapes	5c ea
Rice Crackers	5c ea
Cornitos – Cheese / BBQ	\$1.40

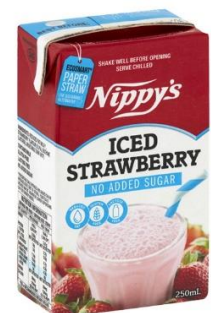


ICE BLOCKS



Banana / Chocolate or Triple Swirl Billabong	\$3.00
Quelch Sticks	\$1.00
Fruit Slushy (99% Juice)	\$2.50
Mini small Slushy	\$1.30
Nippys frozen	
Orange / Apple & Blackcurrant cup	\$1.50
Zooper Dooper (sugar free)	\$1.00

DRINKS

600ml Bottled Spring Water	\$2.40
GLEE	\$2.90
Up and Go 250ml	\$2.90
Nippys Iced Choc / Strawberry 250ml	\$2.90
Juicee Crush Juice Box 250ml	
Apple / Orange / Apple & Blackcurrant	\$2.30



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