

# PARAFIELD GARDENS PRIMARY SCHOOL

United Nations Global Peace School

*Working Together*



## Newsletter - Week 10 Term 1 2024

### From the Principal

#### Learning Conversations

Thank you to all the families who made the time for a Student Led Learning Conversation last week. The children really enjoyed sharing their progress and their goals. If you missed out on the opportunity please contact your child's teacher to arrange an alternative meeting time.

#### NAPLAN

Congratulations to all of the year 3 and year 5 students who completed NAPLAN assessment tests last month. I was very proud of the resilience and effort shown by all of the students. I hope you will be proud of their results, knowing they did their best.

#### Farewell and Best of Luck

We farewell Ms Sobey early next term as she begins her maternity leave. We wish her all the best and look forward to meeting baby Sobey soon.

#### Australian Early Development Census

From May 2024, our school, along with thousands of others across the country, will participate in the Australian Early Development Census (AEDC). The AEDC is a teacher completed census (similar to a questionnaire) which provides a comprehensive picture of how children have developed by the time they start their first year of full-time school.

The AEDC is an Australian Government Initiative and is completed nationally every three years. Children don't miss any class time while the AEDC is completed, and parents/carers don't need to supply schools with any new information. The data collected through the AEDC is used by schools, communities and governments to better understand children and families' needs, and identify the services, resources and support they need.

AEDC data is reported at a school, community, state/territory and national level. AEDC results for individual children are not reported and the AEDC is not used as an individual diagnostic tool.

Some teachers have found that completing the AEDC made them more aware of the needs of individual children and their class, and that the data was useful for planning for transitions to Year 1 and developing programs.

Participation in the AEDC is voluntary, however the AEDC relies on all schools with children in their first year of full-time school participating in the collection. Parents/carers don't need to take any action unless they choose not to include their children in the census.

To find out more about the AEDC and how it is being used to help children and families visit: [www.aedc.gov.au](http://www.aedc.gov.au).

If you have any questions, you can contact the school.

#### Clean Air at School

Smoke-free and vape-free areas – new regulations from 1st March 2024 will extend the smoke-free and vape-free

areas to within 10 metres of site boundaries. This includes:

- school drop-off and pick-up zones that are within 10 metres of the school fence, gate or boundary
- school ovals and sporting fields and within 10 metres of the boundary of the oval or sporting field
- footpaths, roads, public nature strips and public recreation areas that are within 10 metres of a school boundary.



#### Vacation Care

Our Vacation Care program is now available for the coming school holidays, so please ensure you contact the centre on **8281 5104** to make a booking. Preference will be given to parents who have work commitments and those who attend our school.

To help with your calendar, our **OSHC service will be available** to families for the **Pupil Free Day** next term on **Friday 24th May**, so please contact us on the above number to make a booking for this date.

**Aida Chapman - OSHC Director**

#### School Fees

A reminder that school fees for 2024 are due by the end of Term 1. We have quite a few options available to families for payment of school fees which will assist in managing household budgets, including cash, EFTPOS, Centrepay, direct debit or by using the QkR app. The School Card scheme is available upon application for low income families and needs to be applied for every year, using the appropriate form which is available at the front office or online at [www.sa.gov.au](http://www.sa.gov.au) under the heading Education, Skills and Learning.

**Jenny Southwell - School Admin Officer**

#### DIARY DATES

Wed 10/4/24	Casual Day with gold coin donation
Thurs 11/4/24	Year 6 Aquatics
Fri 12/4/24	Last day of Term - dismissal 2:00pm
Monday 29/4/24	<b>TERM 2 BEGINS</b>
Wed 8/5/24	Mother's Day stall
Tues 14/5/24	Governing Council Meeting 6:30pm
Fri 17/5/24	School Photographs
Fri 24/5/24	<b>STUDENT FREE DAY</b>



## Bullying Prevention

Following the tragic loss of Sam, his parents, Nat Cook and Neil Davis, founded the Sammy D Foundation, with the ultimate aim of providing skills to young people in order to prevent such a tragedy from happening again. The Sammy D



Foundation educates young people on the impacts of bullying, violence, drug and alcohol misuse.

Neil came to visit our Year 6 students and delivered a sensitive and professional presentation talking about his son's life and his untimely death and the lasting impact the one-punch action had on their family and the wider community, also talking about 'non-violence awareness'.

*Sam's father came to talk to us today about his son and it sounds as though he was a nice person and he told us the story of how his son had passed away. He had gone to a friend's party and his parents had told him to be careful. He said that he was always careful. Everyone was having fun. Some boys who had not been invited arrived and even though they were asked to leave, they didn't and started fighting with some of the other people at the party. Things got out of control and everyone was asked to leave. While Sam and his mates were about to leave one of the bullies heard them talking and punched Sam in the back of the head and he fell and Sam was taken to hospital by ambulance where he later died.*

*The message we were given was that if we see a fight starting to happen, we should always get our friends together and walk away and don't get involved. We all felt so sad for Sam and his family.*

### Rehat Room 17

After we heard Sam's story Neil asked us questions and said that the man who had punched his son would have found life difficult afterwards, even finding a job and that hopefully one day he would be able to accept what he did. He would wake up every morning and think about it and regret what he'd done. Neil also asked us what we would do in a similar situation and suggested that if our friends were getting angry we should calm them down. To avoid being involved you could take note of people's expression, if they were angry or the way they were acting. He also explained that some people like to appear bigger to impose themselves on others to look more dominant and frightening. It would be a good idea to look for an adult to help sort out the problem so that no-one gets hurt and also to encourage your friends to move away from the situation and stay safe.

### Epharim and Jackson Room 16

## Festival Choir

Being involved in Choir has been a fun experience so far. We didn't have to audition to get in, we just had to meet Ms Thomson after lunch one day if we wanted to join. There are about 30 - 40 people



*in the choir. Once we had been sorted into sections we went on an excursion to another school, so there were other students in the choir and we also met Cathy, who is one of the conductors of the choir. Once we had decided definitely that we wanted to join the choir we had to pay for a song book. At the moment we are all learning the*

*songs and Ms Thomson is helping us and we also have some body percussion to learn which is fun. We will also be learning some cultural and traditional songs. When we perform at the Festival Theatre we are part of a huge choir with students from lots of schools across the state and we get to wear coloured t-shirts so that all together we will look like a rainbow.*

### Indie and Indiana Room 15

## Visual Arts

### Year 5 Street Art

In Visual Art lessons our Year 5 students have been exploring the work and processes of local street artists, Elizabeth Close and Leah Grant. Both artists incorporate nature within their designs so we had a go at finding some interesting natural objects in the garden and using them to create our own unique stencil design. We drew our stencils, carefully cut out the positive space and painted over them with a carefully selected colour palette, creating an original artwork inspired by our natural environment at PGPS.



### Year 4 Pop Art Doughnuts

In Visual Art lessons our Year 4 students have been exploring the Pop Art movement. We looked at the work of Andy Warhol and discussed his use of colour and printing multiples of the same artwork. Taking inspiration from this, we created our own Andy Warhol-inspired doughnut artworks! The project involved measuring an accurate quadrant, drawing four identical doughnuts free-hand and painting the background and doughnuts adding colourful icing and sprinkle decorations. To finish,

students outlined their doughnuts with permanent marker, making their work look bold and cartoon-like.



**31:** Cyrus, Bismullah **32:** Alissa, Nate **34A:** Arabella, Emaan **34B:** Luluo, Davin

**Health/PE** (Mr Cuconits) Room 31

**Health/PE** (Ms Ryan) Room 5

**Music/Drama** (Ms Thompson and Ms Ostrun)

Room 16 & 2

**Visual Arts** (Ms Dimitropoulos) Room 3

**Auslan** (Mrs Neilson and Ms Dyson) Room 29 & 24

Our week 10 assembly award recipients were awarded for **Acceptance:**

- **Demonstrates empathy for others**

**Term 1 Week 10: Room 2:** Jax, Alexis **3:** Aleigha, Kausar **4:** Edward, Adrika **5:** Arlo, Mila **8:** Hania **9:** Abbey **11:** Kayden, Trina **15:** Jaxson A, Indiana **16:** Eddie, Vincent **17:** Ayan, Rehat **21:** Maddilen, Carter **22:** Arianna, Arthur **23:** Mahya, Rihaan **24:** Emilia, Khloe **27:** Sahiba **28:** Esther, Ashley **29:** Ahmed, Mehar **30:** Sharlytte, Hannah **31:** Aaima, Emma **32:** Willow, Thang **34A:** Anthony, Sossan **34B:** Imogen, Cherry

**Health/PE** (Mr Cuconits) Room 15

**Health/PE** (Ms Ryan) Room 4

**Music/Drama** (Ms Thompson and Ms Ostrun)

Room 29 & 5

**Visual Arts** (Ms Dimitropoulos) Room 34B

**Auslan** (Mrs Neilson and Ms Dyson) Room 17 & 8

## Happy Ramadan to our Muslim Community

Muslims around the globe are observing the holy month of Ramadan, a period of deep spiritual reflection and celebration. The month of Ramadan will see Muslims fast and pray before breaking their fast at sundown alongside family and friends.

After fasting comes the feasting and it ends with the celebratory Eid al-Fitr. The Islamic holy month is always held on the ninth month of the Islamic Lunar calendar. Since the calendar depends on the Moon cycle, Ramadan falls about 11 days earlier each year.



## Assembly Awards

Our assembly awards are aligned to our Peace School Values:

**P** - Persistence

**E** - Enthusiasm

**A** - Acceptance

**C** - Community

**E** - Excellence

One of these values are highlighted at each assembly.

Our week 6 assembly award recipients were awarded for

**Acceptance:**

- **Inclusive of others**

**Term 1 Week 6: Room 2:** Chloe, Connor **3:** Lottie, Jayden **4:** Zain, Everly **5:** Mia, Tamana **7:** Graham **8:** Samir **9:** Jhye **11:** Aria, Jonah **15:** Hayley, Indie **16:** Louis, Vincent **21:** Cing, Avighna **22:** VanTin, Tirth **23:** Emily S, Hasan **24:** Lexi, Emma **27:** Jaevon, Emma **28:** Holly, Denzel **29:** Laura, Chase **30:** Maddison, Evelyn

## School Crossing Monitors

Thank you to our final groups of School Crossing Monitors from Rooms 34A, 34B and 15. The students are already showing a positive approach and wonderful enthusiasm for this important role.



**Week 8: Room 15, 16 & 17** Kavish, Isabel, Mason, Isabelle, Erfan, Janya, Rehan, Eddie, David, Aiza, Advaita

**Week 9: Room 34A**

Nathan, Amelia, Thomas, Ava, Hunter, Ckael, Connor, Dawt, Areej

**Week 10: Room 15**

Anil, Tintin, Venisa, Milly, Kavish, Indiana, Japnoor, Isabel, Mason, Isabelle

**Week 11: Rooms 34B**

Imogen, Misha, Liam, Christian, Ziara-Lee, Gurkirat, Tasi, Shayaan, Christian

## Saver Plus Program

Could you use an extra \$500 towards school costs in 2025?

The Saver Plus Program is about boosting financial skills, to develop (and keep) good savings habits.

You can put money towards education expenses including:

- Computers, laptops, and tablets
- Books, uniforms & shoes
- Sports & music, camps, excursions, and more...

If you save up to \$50 a month for 10 months, Saver Plus will double it. \$500 saved + \$500 matched = \$1000 (in 10 months).

Visit [www.saverplus.org.au](http://www.saverplus.org.au) for more details.

Please see the back page for more information.

# National Young Leaders Day

Halogen Young Leaders Day began in Sydney in 1997 and has evolved significantly since then. It has expanded into primary and secondary student events and has become an annual event in Sydney, Melbourne, Brisbane, Perth and Adelaide. The mission is to inspire and influence a generation of young people to lead themselves and others well.



On Wednesday the 28<sup>th</sup> February I was very proud to invite and escort a group of students who consistently demonstrate our Peace School Values to attend the annual National Young Leaders Day held at the Adelaide Convention Centre. The students included our Year 6 Leaders as well as our year 5 and 6 Peace Committee Representatives. Students heard from 4 guest speakers; Peter Malinauskas Premier of South Australia, Scott Stuart (author/illustrator), Anastasia Woolmer (memory champion) and Bryson Klein (ninja warrior). The students learnt about a variety of leadership qualities along with a host of strategies that individuals can harness to achieve their goals.

One of the key messages was the importance of finding your passion and to be willing to try new things even if it is uncomfortable at first because this is how the brain grows (neuroplasticity).

The students were involved in the process of using the information gained from all of the speakers to plan an interactive session for teachers at our school to help them better understand one of the key Impact Areas from the New DfE Strategic Plan; **Learner Agency**.

As a team, the students decided to cover the following areas:

- Overcoming your fears
- The Brain/heart connection
- Memory athletics

Keep an eye on this space as our students begin to demonstrate agency, voice and leadership through positive learner action.

**Raelene White - Senior Leader**

*Bryson Klein told us a story of when he went camping with friends and they accidentally threw a napkin into the campfire. They noticed that 5 minutes later it was still perfect; 10 minutes later it was fine; even at 15 minutes it was still not burning. At 20 minutes everyone cheered the perseverance of the napkin. They used the napkin as an inspiration to not give in at whatever task they had set themselves. Our takeaway message from Bryson was to overcome our fears, try something new or different and persist and BE THE NAPKIN. We ask teachers to encourage us to conquer our fears but understand that sometimes we just can't and we may need a bit more time.*

**Japnoor and Venisa**

*Anastasia Woolmer is a famous memory champion, but when she was younger she had a very average memory. As she grew older she did many brain exercises and turned into a memory champion. Some foods are helpful to improve our brains including raspberries, blueberries, peanuts and almonds. The key takeaway from our session from Anastasia's presentation was that we should do memory games in class at least once a week to improve our memory.*

**Anna, Lylah and Imogen**

*Scott Stuart is the author of the best selling picture book "The Brain Is Not Always Right". His speech, like his book, was about listening to your heart and doing what makes you happy and having a 'passion time'. We made a request of our teachers to provide us with 30 minutes of their busy schedule so that the students could do what they were passionate about (within reason). The benefits of a 'passion project' include personal growth and development, opportunities to explore interests and passions, increased creativity and innovation, academic success, expanded knowledge and understanding of a subject. It can also provide opportunities to connect with like-minded individuals and potentially offer opportunities for new hobbies or career paths.*

**Rehat, Sagor and Emaan**





The Premier's Be Active Challenge is a physical activity program introduced by the Premier in 2007 to:

- Encourage students to be more active more often
- Improve the health and wellbeing of South Australian students

The Challenge requires students to do at least 60 minutes of physical activity on at least 5 days of the week for at least 4 weeks between the beginning of the school year and late September. This 60 minutes can include:

- Class fitness and activities,
- Play time at Recess and Lunch,
- PE lessons
- Extra-curricula sports

After 4 weeks of daily physical activity, students will be rewarded with a medal. After 10 weeks of daily physical activity, schools are in the running to win an award. Teachers will keep a record of their students' activity on their class progress chart.

We were very excited to jump-start our Be Active journey with a special assembly last Thursday, featuring Premier's Be Active Challenge Ambassador, Abbie Watts!

Abbie is a champion trampoline gymnast and is putting in a bid to win a place in the 2024 Paris Olympics!

Abbie spoke to our student body about the importance of being healthy and active. She spoke about her childhood and how she became interested in trampolining. Abbie told us about the challenges and set backs she has faced – including breaking her foot late last year, leaving her unable to train for 8 weeks – and how she has never given up, instead using her growth mindset, grit and determination to persevere. These messages are very important for our students to hear and see, as it helps them to realise that if they persist too, they can also achieve their dreams and goals!

Let the challenge begin!

**Stephanie Ryan – Specialist PE & Health teacher**



**Sports Captains attempting the challenge set by Abbie**

*It was great to listen to Abbie as she talked about what she does and how much she loves it. She showed us a video of her doing trampoline gymnastics and she was amazing. She told us that last year she broke her foot and that she had faced a lot of challenges to get back into competitions with her friends. She also told us that because of her sport she gets to travel a lot. Ms Ryan asked the sports captains to go out the front and Abbie gave us a challenge to do a backwards plank by lying on our backs and we had to lift our legs and our shoulders and hold it for a while - it hurt a lot in my stomach and shoulders! I was able to hold it for the longest.*



*She inspired us all to keep going if we get injured and to keep doing what we love.*

**Mason Room 15**



**The Sports Captains with Abbie**

Dear Abbie,  
 I Love your movements.  
 I also like when you talk.  
 I like your fl.p.s.  
 I hope you win a lot of medals. I hope you get lots of hand stand. You are so flexible.  
 I hope you learn a new movement.  
 I wish I was flexible like you!  
 I Love your Gymnastics.  
 I also like trampoline movements.  
 from Mia

Dear Abbie,  
 I hope you win the next Gymnastics Competition. I hope you learn a new movement. I hope you can be a trampoline Winner. I hope you can win another medal. I hope you can be even more flexible!




Dear Abbie,  
 I hope you win the Gymnastics competition I love your nice flexible moves. I hope you win a gold medal. also I liked the funny pictures. I even laughed! I want to see more moves on the trampoline.  
 from Vincent



**The Year 2 students in Room 11 were very impressed with Abbie's skills which was evident in the letters they wrote to her.**

# Harmony Day 2024

With the message of **'Everyone belongs'**, Harmony Day is a day to celebrate our differences and similarities, promote inclusiveness and show mutual respect for everyone, regardless of race, colour, religion, or background. It's a day of cultural respect for everyone who calls Australia home. Harmony Day is celebrated each year on March 21st. People are encouraged to wear orange on Harmony Day as traditionally, the colour orange relates to social communication, encouraging two-way conversations, supporting the development of new ideas.



**EALD population at PGPS**

- Currently 64% of our school population are EALD but this changes on a daily basis
- In 2024 – 43 Home languages are spoken in our student population
- 7 Home languages in our staff population
- Many students speak more than 2 languages at home



Ms Sobey from our EALD Team arranged for our older students to support their young PAL (Partners at Learning) classes to make Harmony bracelets. The students chose from words including 'home, family, kindness, harmony and acceptance' to make their bracelets. The older students helped our younger students to choose beads to make the words and thread them onto orange elasticised string. This lovely activity showed how well our students work together.



For Harmony week the EALD team organized a "community weave" activity using orange threads and materials, which we will later frame. Teachers, students and families have been contributing to our "weave".



# Receive up to \$500 from ANZ for your 2025 back to school costs

**Achieve a savings goal for 10 months and ANZ will match it up to \$500. You need to:**

- Be 18 years or older
- Have a current Health Care Card or Pensioner Concession Card
- Have a child in school, starting school next year, or be studying yourself
- Get a regular income (can be you or your partner)
- Agree to join in free online financial education workshops

Terms and conditions apply.



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